

**SUPPORTING  
THE POLICE FAMILY**



## **MENTAL HEALTH SUPPORT →**

Talk to the Ben Fund about our mental health services for serving and retired Police Officers



# MENTAL HEALTH SUPPORT AT THE BEN FUND

We offer a wide variety of counselling covering all aspects of professional and personal life to support you and your mental health.

The self-referral system means there's no need to go through your managers. We have a dedicated team of counsellors, offering support at St. Michael's Lodge, Merseyside and Greater Manchester. Simply complete an application form on our website and return to us - one of our counsellors will be in touch.



**Learn more about us at**  
**[www.thebenfund.co.uk](http://www.thebenfund.co.uk)**

**01254 244980 • [counselling@nwpbf.org](mailto:counselling@nwpbf.org)**

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